ABOUT GALLANTFEW

TO FACILITATE A PEACEFUL, SUCCESSFUL TRANSITION FROM MILITARY SERVICE TO A CIVILIAN LIFE FILLED WITH HOPE AND PURPOSE.

There is a 10:1 ratio of veterans over the age of 35 to those under 35. Many of these are successfully transitioned, have great jobs and are well established in their communities. Each of them has after action lessons hard learned from their own transition, and they are eager to guide a younger version of themselves.

Connecting a young veteran with one of these Guides provides an encouraging, mentoring relationship that is based on mutual respect and trust.

Revolutionizing Veteran Transition
FROM OUR EXECUTIVE DIRECTOR

GROW AND REFINE

I’m pleased to report that GallantFew continues to grow and refine our ability to provide quality services to veterans. I’m proud to welcome Zach Ceballos (Veteran Support Specialist), Tab “Taco” Bell (Wings Level director), and the Vet Rec crew (Detroit) to the GallantFew team. We continue to weave the five points of the GallantFew STAR (Self-Training and Response-ability) into everything we do. The Azimuth Check Survey establishes a benchmark for every veteran entering the GallantFew community and helps us identify priority areas for a focused approach at avoiding isolation and moving into civilian lives of hope and purpose.

Being a leader in the community doesn't mean only veterans – Run Ranger Run is impacting veterans, their families and even some folks without a direct veteran connection. We are hearing stories about healthy lifestyle changes inspired by the outstanding messaging shared by our team.

Remember the greatest challenge to a veteran’s successful transition is isolation. A bitter departure from military service, separation from the team, undiagnosed or unrecognized disabilities, employment difficulty, financial difficulty, self-medication, and relationship difficulty all lead a veteran to isolate. Suck it up and drive on only works when you have a team supporting you. Without that team a veteran may drive on right over a cliff.

If you are a veteran successfully transitioned and established in your civilian life, we need you to Guide another veteran just like you, now beginning to walk that path. If you are a veteran transitioning, even if it has been going on for years, we can help. If you are a civilian willing to pitch in, we have a place for you as well.

Thank you for this year of growth and refinement. We are poised to stand with you, roll up our sleeves and deepen our impact.
2017 ACCOMPLISHMENTS

**PEER RATED**
GallantFew is recognized as top-rated through Great Nonprofits.

**FUNCTIONAL FITNESS**
All services and initiatives are now aimed at increasing veteran functional fitness.

**GUIDE STAR GOLD**
GallantFew is recognized by GuideStar at their Gold level of transparency.

WWW.CALLANTFEW.ORG
FROM OUR VETERANS

FRESH FROM TESTIMONIALS PROVIDED THROUGH GREAT NONPROFITS

"The program structure is top notch. It will show you that the camaraderie and support network you had in the military are not gone."

"At the beginning of a crazy fitness journey I found GallentFew through RunRangerRun. I didn't want to donate or support the hype of another veterans organization so I did some research. GallantFew does so much for veterans which is why I’ve supported them so much over the past year. Great group of leaders supporting the few that honestly need it!"

"This outfit has the veteran transition down to a well oiled machine. I enjoy volunteering my time at this organization because they have a clear and concise mission. If you are in a transition phase or have transitioned successfully from active duty, give them your time, you will not be disappointed."
I just wanted to say a big thank you to you for Gallantfew. Everything they've done and you do [sic]. Run Ranger Run last year opened so many doors for me. The hole in my heart after receiving my DD214 has been filled because of Drinkin Bros and Gallantfew. I thought the only way to fill that void would be to reenlist. I've been trying to for years and thought I would need to accept that and ignore the emptiness there. I have my next objective and a wonderful tribe surrounding me. I'm excited about where this path takes me. Thank you.

- Jessica Stith, US Navy Veteran-
*The current GallantFew record keeping was not in place in 2013. We are providing a close estimate.*
This is an overview snapshot of total services rendered. Details provided deeper into the report.

The trend: GallantFew total support.
GallantFew focuses on Functional Fitness. Functional means usable in daily life. Fitness means it can be measured and with intentional planning and focus can be improved.

- GallantFew initiatives aimed at increasing fitness provide services to veterans in each of the functional fitness areas: Physical, Emotional, Professional, Social and Spiritual.

- The STAR model gives GallantFew the ability to measure where a veteran is in each of the five points of the STAR and help us identify the support, resources and tools to give him/her...
IN A NUTSHELL

OUR DREAM

Every veteran leaving active duty is welcomed home by a local veteran just like him or her. Same branch of the service, same military skill, right down to the same unit if possible. This relationship proactively addresses transition issues and prevents isolation.

OUR MISSION

GallantFew’s mission is to prevent veteran isolation by connecting new veterans with hometown veteran mentors, thereby facilitating a peaceful, successful transition from military service to a civilian life filled with hope and purpose.
RAWAH WILDERNESS RETREAT

Week-long getaway that worked through the rigors associated with transition. Each day at the ranch attendees met with a EMDR therapist and counselor, participated in strength yoga and mindful meditation.

CLIMBING TRIP

27 veterans and active duty service members visited the New River Gorge for the climbing experience of a lifetime. Emotional Fitness strategies and wisdom were shared with all participants.

CLIMBING PROGRAM

Weekly veteran climbing program. Family members are welcome for one on one interaction, climbing and a sense of community. Raider Project hosts 12 climbers per week.

TRANSITION SEMINAR

Annual conference that hosted 100 registered veterans. Raider Project rallied some of the brightest minds of men and women who serve our veterans in the transition process. All sessions were filmed and released for social media and sharing.
2017 SUPERLATIVES

RANGER FITNESS PROGRAM
Provided more than 250 services to Rangers spanning the “Big 5” fitness areas. Treatment Referrals, Job placement assistance, and community connections are a few examples of these services provided.

RANGER VETERAN LEADER PROGRAM
Developed the Team Leader Course, the Ranger community’s first and only video training module educating and on-boarding more than 20 Ranger Veteran Leaders. Recognized eight members of the Ranger community for their volunteer efforts at the first annual Ranger Veteran Leader Awards. Increased involvement with annual Black and Tan Link-up to provide a forum for Ranger business professionals to network while increasing their participation in Ranger community activities.

RANGER TRANSITION NAVIGATION PROGRAM
Hosted two professional development opportunities for Rangers during Ranger Hall of Fame week and at a Battalion pre-deployment fair. Distributed the initial Ranger Transition Navigation Map providing active duty Rangers a new way to look at their professional development while preparing for eventual transition. Initiated planning on the Ranger Family initiative to educate spouses and family members programs available to optimize their lives.
OTHER SUPERLATIVES

WINGS LEVEL AND VET REC
GallantFew welcomed Thomas Bell, as director of Wings Level and Michigan based Vet Rec as a new regional program.

HUNTING AND FISHING TRIPS
GallantFew teamed up with Innovative Outfitters to take veterans hunting while numerous volunteers assisted our spoonbill fishing. These retreats incorporated classes utilizing Burris Functional Emotional Fitness with Karl Monger and classes over TBI with Dr. Talley, a functional neurologist.

CLIMBING PROGRAM
GallantFew's weekly veteran climbing program, started by a Metroport Rotary grant, now organizes in Detroit, Michigan; Hollyridge, North Carolina and Roanoke, Texas.

CAR GIVEAWAYS
GallantFew was proud to partner with GameDay Productions and recognize three deserving veterans, in the GallantFew network, with brand new cars. Each were recognized at a competitive athletic event in front of a hometown crowd.
2017 SUPERLATIVES

RUN RANGER RUN
Run Ranger Run continues to grow and remains GallantFew's main fundraising and awareness event of the year.

- 1336 Participants
- 214 Teams
- 2100 + Donors
- 104,440 Logged
- $191,000 + Pledged

AMAZING STORIES
SSgt Christopher Little (United States Marine Corps), Fire Chief stationed at Camp Lejeune in North Carolina reached out to the Run Ranger Run team and expressed an interest to do 565 miles in one month while deployed and on a ship.

Little, inspired by the message of Run Ranger Run, was instantly connected to the opportunity to participate while on deployment. The focus and dedication to his commitment is a testament to his surrounding colleagues and has allowed him to bear witness to the bond of our defense community to those in the active transition process from military service to civilian life.
Richard Welsh
CSM (Ret) Mike Hall
CSM (Ret) Chris Hardy
GEN (Ret) Dan Allyn
Paula Barton Mann
Frank Campanaro
Tim Abell
Gerry Dinkel
FOUNDING DONORS

“E”
1/75 Plankholders
2 Vets Arms Company, LLC
4K Solutions, LLC (SDVOSB) - Ranger David and Rachel Theriault
Acura at Oxmoor
Alan McNiel
American Legion Post 202, Gettysburg PA
Anonymous in honor and memory of Ranger 1LT Jonathan P. Brostrom
Anonymous in honor and memory of Ranger Brad Leatherman
Anonymous in honor of 1LT Bostrom
Anonymous in honor of Ranger veteran Chris Bemiss
AppSec Consulting
BASF
Battlemug
Bill Cathcart
Bill Cooper
Bill Hannigan
Bob Dunn and Bobby and Jack Dunn
Brad Stout
Bruce, Rosemary, Shelly and Michael Rose
Camber
Candyss and Associates
Chad Wegner, In honor of The Airborne Ranger in the Sky
Chester Weber, in honor of his brother, SCT Daniel Weber
Chip and Janet Bolin
Daniel V. Lenahan Jr., In honored memory of Major Daniel V. Lenahan Sr.
Debra Boyce
Dr. Tracy Norris
Envirovac/Kevin Jackson
Epic Ultras
First Presbyterian Church, Danville IL
Friends of Flatrock Foundation
Cargoyles Eyewear
Catwood Foundation
General Counsel, PC
Greg Langley and Syncroness
Hannah Solar Government Systems
Heroes and Patriots
Honey Airborne
Honoring Sandino's Sacrifice Fund, Inc
In honor and memory of SSG Curtis A. Garcia
In memory of Corporal Matthew Commons
In memory of Sonja Mason
In recognition of the service of Jay Erwin
Jill Stephenson; Gold Star Mother of Ranger Ben Kopp
John Vogel and Christian Kennedy
Josh and Lorie Funderburk
LTC (Ret) Christopher and Karen Hills - CLH Logistics
LTC (Ret) Christopher and Karen Hills, CLH Logistics LLC (SDVOSB)
Maize South Middle School Activity Fund
Mark and Lisa Christianson
Microsoft Matching Gifts Program (thanks Microsoft Employees!)
Midland Senior High School AFJROTC TX-20004
Mike Swanson
Military Justice Attorneys
Monderno
NewEra Software
Operation Roll Out and Garland Ellenburg
Pacific Star Communications
Pegasus Steel
Ralph and Glorianna Romanelli (the 100th donor!)
Ranger Bart and Kristine Agee
Ranger Bevan Olyphant
Ranger Charles and Julie DeRosa
Ranger Chuck and Trina Fountain
Ranger Coffee
Ranger Cory Smith
Ranger David Hill, Hill Publishing Group
Ranger Eric and Lacey Codec
Ranger Frank Campanaro
Ranger Gene Benjamin Baker
Ranger James Wesseldykk
Ranger Jason Olson
Ranger John and Lindsey Rego
Ranger Karl and Sara Monger
Ranger Matt Best
Ranger Richard K. Welsh, Partner MWE
Ranger Tim Swain
Ranger Tristan O'Brien
Ranger Up
Ranger veteran Deane and Vicki Durham
Rangers Keith Nightingale & Dave McNiel DBA Normandy Systems
Robbi Schlitz
Safehouse Tactical Group
Silencerco
SkinWest
SouthEastern Paper Group
Steamboat 3D - Kent Morrison
Team Red, White & Blue
The Carrington Charitable Foundation
The Cast and Crew of the TV Show Army Wives
The Darby Association
The Los Angeles Film School
The M Resort
The US Army Ranger Association
The Yorio Family
Thomas Wilkinson
Tom and Sharon Stanton
Tony Clark One Bad(Water) Marine
TSAF Industries
Urgensee
USAAF
Western Chapter of the RBA, World War II Rangers
Western States Hostage Negotiators Association
Contact GallantFew at ranger@gallantfew.org with questions or for more detailed information.
COMMUNITY ACTION

Just a few highlights of ways you found to give to GallantFew and share your resources.

Hard Right Rolling Boutique selflessly created a calendar honoring transitioning veterans.

American Small Business Coalition hosting a Holiday Charity Bash and raised more than $18,000 for GallantFew.

Veterans hosting veteran meet ups from coast to coast.

Patriots hosting Run Ranger Run kick off events to raise awareness for GallantFew and veteran transition.
HOW DID YOU HELP?

EXAMPLES OF OPPORTUNITIES FOR VETERANS YOU MAKE HAPPEN

**COACHING SESSIONS**

GallantFew is currently the only organization to offer Burris Functional Emotional Fitness™ coaching to Veterans. Functional Emotional Fitness facilitates a better future by working squarely in the present.

Twelve coaching sessions were conducted in 2017.

**CLIMBING PROGRAMS**

The greatest threat to a veteran’s mental and emotional health is isolation, and many veterans suffer loss of confidence and low self-esteem. GallantFew’s climbing programs place veterans in physical challenging environments while making it fun. The rebound in self-confidence is amazing.

**RETREATS**

GallantFew sponsored wilderness and climbing retreats are not only an escape for veterans who are working through the rigors associated with transition out of the service they also include a connection to Burris Functional Emotional Fitness™ coaching.
JOIN US IN 2018

GET READY! Something really cool is on the horizon. Join the GallantFew team for a weekend of discovery, networking and personal growth.

We set out on a mission to bring veterans together and equip them with the necessary tools to transition successfully. VetXpo (www.vetxpo.com) is for any service member that is separating within two years, a veteran that is still in a transitional period, caregivers, spouses and/or service providers.

The guiding principle of VetXpo — is a means for establishing personally relevant beliefs and courses of action that maintain critical balance. VetXpo enables veterans to generate thoughtful solutions in alignment with their core values. VetXpo is the integration of the highest ideals of what civilian life can be.

We believe that communities are the answer to veteran transition issues, and these communities take several forms. Often we say our work must be "of the community, by the community and for the community".

Donate www.gallantfew.org/donate
Get The Word Out About GallantFew
Refer Veterans
Join Run Ranger Run www.runrangerrun.com
Hold Your Own Fundraiser
"YOU'VE SHOWN ME THAT I'VE BEEN LOOKING BACKWARDS AND THAT MAKES ME FEEL GUILTY AND DEPRESSED. YOU'VE TAUGHT ME HOW TO DIRECT MY THINKING TOWARDS THE FUTURE SO THAT I CAN INFLUENCE THE DIRECTION OF MY PATH AND THAT GIVES ME HOPE".

- ACTIVE DUTY MARINE RAIDER