GALLANTFEW

Annual Report

2016

#IAMGallantFew
MISSION

To facilitate a peaceful, successful transition from military service to a civilian life filled with hope and purpose.

Revolutionizing Veteran Transition
Note from GallantFew Executive Director...

Thanks to our volunteers, donors, supporters and team working so hard to make GallantFew’s vision of revolutionizing veteran transition a reality. Much respect to those veterans who made a conscious decision to make a change in their circumstances and showed the courage to seek encouragement and assistance to help them start that journey...

2016 Accomplishments Outreach

In order to revolutionize veteran transition we must be able to reach veterans. 2016 was a year of intentional strategy to reach more.

"GallantFew literally saved my life. If it had not been for that Ranger Standard QRF (Quick Reaction Force) team Karl Manger leads, those Gallant Few, this Gallant One would be a statistic."
2016 OUTREACH

In order to revolutionize veteran transition we must be able to reach veterans. Raider Project offered more opportunities, Darby Project solidified a strategic operational plan to meet needs and Run Ranger Run grew by 25% in participation across the country. Each a vital element to the growth of a vibrant and revolutionary network.
REACH

THE FACTS ON REACH

- More than 130,000 views on Raider Project Transition Seminar videos (duplicated)
- Expanded the volunteer led infrastructure of Darby Project by 75%
- Increased total services by 40% over fiscal year 2015
- Entire GallantFew network growth sustained 45% increase over fiscal year 2015
- Run Ranger Run had a 25% growth in participation over fiscal year 2015
- Established the first all volunteer led geographic hub for GallantFew in Kansas/Missouri called Heartland for Heroes
THE TREND
GALLANTFEW TOTAL SERVICES

*This is an overview snapshot of total services rendered. Details provided deeper into the report

*The current GallantFew record keeping was not in place in 2013. We are providing a close estimate.
THE TREND
GALLANTFEW TOTAL SUPPORT

*In 2015 the MARSOC community suffered a mass casualty situation and this instance drove a significant portion of atypical revenue for the year.

SIX
GALLANTFEW.ORG
Dr. Kelly Burris, who has partnered with GallantFew to offer the Burris Emotional Wellness system's unique approach to veterans for free, continually asks the question "Is what you are doing working for you, and if not what could you do that might work for you?" The current state of veteran transition continues to do that which does not work, as evidenced by the rates of veteran unemployment and suicide being greater than for those who never served, using approaches that are reactive to problems, not preventive from the start.

GallantFew's approach is revolutionary because it is pro-active, not reactive and it seeks to capture lessons learned on transition and pass them to those who need it most...

2016 Accomplishment
Functional Fitness

Strategically changed terminology, and essentially energy, from wellness to fitness to better resonate with warriors. Functional equates to techniques and tactics that can put in place for continuous daily use as one increases his/her level of fitness.

"Brother, GallantFew saved me. It brought me into a world where I felt supported."

SEVEN
FUNCTIONAL FITNESS

FUNCTIONAL FITNESS FACTS

- **STAR Functional Fitness System**: self-training and responsibility. GallantFew changes responsibility to response-ability to reflect our ability to personally respond.
- The **five points** of the GallantFew STAR are: Emotional Fitness, Physical Fitness, Social Fitness, Professional Fitness and Spiritual Fitness.
- **55 sessions** of Functional Fitness coaching were conducted in 2016.
- Conducted first small group emotional fitness coaching sessions yielding positive baseline measures.
Data From Small Group Emotional Fitness Session

GallantFew was permitted to conduct a functional fitness coaching session with a small group of active warriors (10 participants) in the Summer of 2016 and then conducted our second small group session with veterans in the Fall of 2016 (17 participants). The results, over two days each iteration, yielded amazing results and established a baseline for measurable impact.

"I wanted you to know that I was pessimistic about this call today, but to be honest that was more helpful and insightful than all those years of counseling at the VA."
This past year we rolled out the "I am GallantFew" campaign. This messaging is critical because GallantFew is US. If we aren't doing the right things to positively change the veteran transition experience, then WE need to do something differently - and the reality is that the transition experience for Kansas City is different than New York, different than Atlanta, different than Dallas. We can't dictate what works in your community, we need to connect with you so we all can expand the network. Then when a new veteran comes to your community, we have a network in place ready to receive, welcome, connect, motivate and challenge him/her...

"GallantFew is by far one of the most responsive, caring, organized and transparent organizations to helping out our countries highest quality citizens, our veterans. Keep up the great work. RLTW"
"Transitioning home from the Marine Corps was anything but flawless for me, but I am happy to have experienced what I did because it allows me to relate to my brothers and sisters experiencing similar issues. After finding the right path for me, I realized a need in the community for assistance as veterans transitioned home.

Through screenings of a documentary film that follows my transition and other engagements involved with that, I’ve heard the community asking what they can do to help— I always tell them to check out Gallant Few.

I found Gallant Few along the way and have been impressed and inspired by their work, as well as their commitment to the cause. I’m happy to have been able to partner with them and enjoy watching the word spread about Gallant Few and the branch-specific organizations."  – Noah Cass

FACTS ABOUT I AM GALLANTFEW

- There are 13,079 contacts in the GallantFew database. This is what makes up the support network today.
- Each person in this database IS Gallant Few. It’s the people who volunteer, mentor, advocate, work here, and inspire others who make Gallant Few a special organization. That makes YOU a unique part of Gallant Few.

SHARE YOUR STORY: iamgf.gallantfew.org/
A prime example of the power behind the premise of "I am GallantFew" is our annual awareness and fundraising event Run Ranger Run. Pictured here are three law enforcement officers in Storm Lake, Iowa, empowered to make a difference in the lives of veterans.

"Thank you for all of your help and for this wonderful event. I can't tell you how much this has brought my husband (a combat veteran) out of his shell for a while. It's been great!"
MEANINGFUL WAYS YOU CONTRIBUTED

It takes a village. The following are some illustrations of ways YOU found to give to GallantFew and share your resources, skills, talents and network. Thank you for your meaningful participation throughout the year.

You Made

2016

Happen!

HOW DID YOU HELP?
Examples of opportunities for Veterans YOU made happen

April
Veteran Transition Seminar
• Est 200 in attendance
• Speaker videos live in perpetuity online
• Engaging breakout sessions

June
Raider Project Climbing Trip
• 10 veterans served
• Practice the skill of climbing
• Quality time connecting with each other

August
Ranger Rally Point Surf Meet up
• Bringing the MARSOC and Army Ranger communities together

September
Raider Project Wilderness Retreat
• 10 veterans served
• Four days of recreation and relaxation
• Counseling and Coaching included

more good stuff
400 TRX Systems provided for veterans, 230 care packages sent to deployed service members. Four veterans per month are given the opportunity to attend a float trip.

gallantfew.org - raiderproject.org - darbyproject.org
FINANCIALS

SIXTEEN

REVENUE

Program 39%
Individual 49%

$744,164

EXPENSES

Program 94%

$823,217

*GallantFew had funds retained from the previous year that were granted in 2016 giving us greater expense than income.

Contact GallantFew at ranger@gallantfew.org with questions or for more detailed information.
Thank you! We continue to help hundreds of veterans a year and in 2016 provided well over 1160 services to veterans varying from networking to intensive in-patient post traumatic stress and substance abuse treatment. What we do works, and we invite you to help us (in the words of one of our original board members) turn the GallantFew into the Gallant MANY.

Very Respectfully,

Karl Monger
GallantFew Executive Director
JOIN US IN 2017

We believe that communities are the answer to veteran transition issues, and these communities take several forms. The communities of specific veteran populations - i.e. Rangers, or Marines, best know how to work with their own. Often we say our work must be "of the community, by the community and for the community".

The other community is the geographic community. Transition problems manifest themselves in the local community where the veteran resides, yet rare is the community that has taken ownership of veteran transition. Census tells us ten percent of the US are veterans, and one percent are post 9/11. That means there are potentially nine veterans in every community that could be an asset to the one transitioning veteran. We need help to get this message out, to challenge communities to proactively prevent transition problems by getting their local veterans organized and visible. These veterans will become local guides, networking, connecting, mentoring.
When asked what did the GallantFew network do for him, a young Marine Corps veteran answered:

"Saved my life, honestly"

HELP US HELP MORE.